The club now has an electronic credit card terminal and it would be appreciated if members used this facility to pay for luncheons. By doing this, we will reduce the banking responsibilities that Ken has to carry out during his visits to the bank.

Noel was so relaxed from his Koh Samui trip during the last fortnight, that he slept through his obligatory responsibility to chair last week’s meeting.

Thanks to PP Tony Bowlen, the meeting was in good hands.

Cynthia Balogh with Guest Speaker Dr Stephen Carbone.

Haven’t paid your Annual Subs yet? Maybe you just forgot! Why not make use of the credit card facility at the next meeting.
The page contains the following sections:

### Club Calendar
- **12 August**
  - **Speaker:** Wayne Dunstan
  - **Topic:** Max Campbell and Austin Health
  - **Chair:** TBA
- **19 August**
  - **Speaker:** DG Brian Peters
  - **Topic:** District Governor Official Visit
  - **Chair:** Noel Sturgeon

### Dates to Remember
- 13 Aug – Board Meeting 6pm
- 19 Aug – DG Brian Peters Visit
- 8 September – Curry Down Under

### Attendance
- **05 August**
  - Members: 13
  - Apologies: 18
  - Guest Speaker: 1

### Thought for the Week
*Where there’s smoke – there’s pollution.*

*Anon*

### Where are They Now
- Bruce Nichols languishing in the sun at Mission Beach with mermaids and red wine.
- Noel and Tracey just back from a well-earned break in Koh Samui

### Recent Makeups
- Peter Carr, Maroubra, Sydney
- Laurie Rose, Canberra Sunrise

### Latest in Child Restraints for Busy Dads!

### Prevention United

Dr. Stephen Carbone our Guest Speaker last week, showed his passion for promoting people’s mental wellbeing. Help is available and we are making progress but there still room for improvement and advocate we need to keep focusing on mental health.

Stephen has been an active contributor in serval key health reforms in Victoria and Nationally such as Vic Health Headspace and Beyond Blue. Stephen has now started a new mental health Charity called **Prevention United** which focuses on prevention of mental health conditions such as depression, anxiety, behavioural disorders, and other serious conditions. We wish Dr. Stephen Carbone all the best in his drive to obtain a united front for the prevention in mental health field.
Tony Bowlen has made a booking

6.00 pm
Sunday September 8 at Down Under Curry,
417 high Street Northcote.
A banquet meal costs $31.50 per head.
The restaurant is Nepalese based and is BYO and licensed.

More details later – but put this date in your diary now!

Please Note: Ken Norman always seeks to finalize numbers by Monday 10.00am by collating responses about attendance at that day’s meeting. So please try to telephone or email Ken by that time; and, at the same time, forewarn of any guests. (Predicting our numbers as closely as possible helps to minimise our catering costs)

ken.norm5@bigpond.com or 0437 770 831–

LAST MONTH, A WORLD-WIDE TELEPHONE SURVEY WAS CONDUCTED BY THE UN.

The only question asked was:
"Would you please give your honest opinion about possible solutions to the food shortage in the rest of the world?"

The survey was a complete failure because:
In Eastern Europe they didn't know what "honest" meant.
In Western Europe they didn't know what "shortage" meant.
In Africa they didn't know what "food" meant.
In China they didn't know what "opinion" meant.
In the Middle East they didn't know what "solution" meant.
In South America they didn't know what "please" meant.
In the USA they didn't know what "the rest of the world" meant.

And in Australia, New Zealand, Canada and Britain everyone hung up as soon as they heard the Indian accent.